Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Finish this statement**:

Being/doing \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is most rewarding because

**History (asked by and filled out by partner)**

1. They say that when you look back at your life, you can boil it down to five moments that defined who you are. As you age, **some** of these events obviously change. Name 3-5 defining moments in your life **so far** that have had an impact on who you are as a person.
2. Talk about your upbringing. Where were you born? Do you have siblings? What are your parents like?

**Set Point (asked by and filled out by partner)**

1. What makes you happy?
2. What makes you sad?
3. Name at least five talents and/or strengths.
4. Name three areas of growth.

**Philosophy (asked by and filled out by partner)**

1. You have heard the sayings, “Home is where the heart is” and “Home is where you hang your hat”. What does home mean to you? What feels most like home to you?
2. Define the following terms:
   1. Friendship
   2. Beauty
   3. Success
3. Do you have a (school-appropriate) favorite quote or song lyric? What is it? Why?

**You at 25 (filled out by you)**

1. Think of yourself at 25.
   1. Where are you working or going to school?
   2. What are you thankful for?
   3. Create 10 “I am” statements for the 25 year old you.